

**AUTHORIZATION TO SHARE PSYCHOTHERAPY NOTES**

Patient Name: \_\_\_\_\_

Patient DOB: \_\_\_\_\_

Provider: \_\_\_\_\_

**INFORMATION TO BE SHARED WITH:**

I authorize LifeStance Health, Inc., and its affiliate, (collectively "Provider") to share psychotherapy notes ("PHI") from sessions involving the Patient identified above with the following Recipient:

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

Suite Number: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Fax Number (optional): \_\_\_\_\_

I understand that "share" means to disclose orally in conversation, in writing or via electronic transmission. This authorization permits Provider to share psychotherapy notes for sessions during the timeframe set forth below:

Beginning (MM/DD/YYYY)	Ending (MM/DD/YYYY)
_____	_____

**If no timeframe is set forth above, I authorize release of psychotherapy notes for the duration of my treatment with LifeStance.**

I understand that only the individual who has consented for care (including a minor as required or permitted by state law) can authorize the release of PHI. I understand that authorizing the disclosure of this health information is voluntary. I do not need to sign this form in order to assure treatment or payment. I understand that I can revoke this authorization at any time by sending a message via the patient portal or by writing:

LifeStance Health  
5415 SE Milwaukie Ave  
Portland, OR 97202-4940

If I cancel this authorization, I understand that cancellation will not apply to the extent that LifeStance has already relied upon my consent prior to receiving my written revocation. I understand that once the information has been released according to the terms of this authorization, that the information cannot be recalled, including after any revocation of this authorization. I understand that any disclosure of information carries with it the potential for further release or distribution by the recipient that may not be protected by federal confidentiality rules. Unless I revoke it earlier, this authorization will expire one year after the date of my last visit with Provider or one year after the date I terminate my patient-provider relationship with LifeStance providers, whichever occurs later in time. Further, I understand that a copy of this document may be faxed or mailed to the above Recipient(s).

**Date:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Name of Patient Representative, if applicable:** \_\_\_\_\_

**Description of Patient Representative's Relationship to Patient, if applicable:** \_\_\_\_\_